# INVOLVING YOUR WORKPLACE In Dry July NZ 2023

## SIGNING UP IS AS EASY AS...



Sign yourself up first



Create a Workplace Team and invite your workmates to join your team

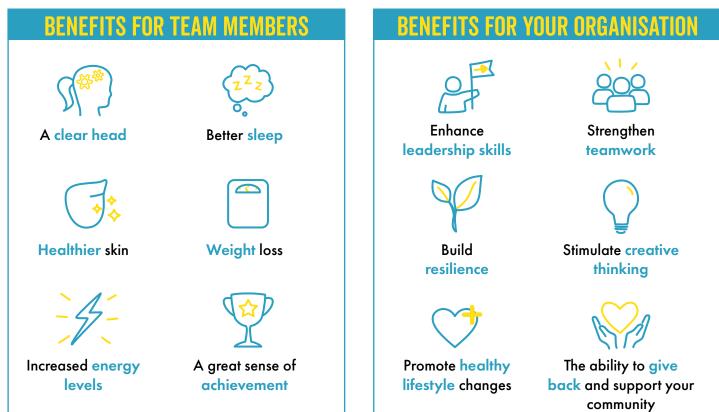


Give up alcohol together in July



Make a difference to people affected by cancer

## **BENEFITS OF A DRY JULY**





#### HAVE QUESTIONS OR WANT TO KNOW MORE?

Get in touch with our team at team@dryjuly.co.nz



Dry July NZ Trust, through our annual Dry July campaign, is dedicated to helping to improve the comfort, care and wellbeing of people affected by cancer.

## HOW WE SUPPORT YOUR Workplace team's dry july

We know you've got plenty to do at work, so rest assured we've designed a fully supported Dry July for your workplace team members and workplace team leader.

### **WORKPLACE TEAM MEMBER**



On-boarding journey including tips & tricks to a successful Dry July



Team focussed on-boarding journey

WORKPLACE TEAM LEADER



Pre-written emails for fundraising



Social media assets for workplaces



Downloadable materials including fundraising posters, a Dry July countdown calendar, social media images and more



Downloadable team posters, email signatures, virtual backgrounds and more



Team fundraising ideas



Support from our Workplace Engagement team



Access to our Health Hub resources



) team@dryjuly.co.nz ) www.dryjuly.co.nz

www.dryjury.co.nz

0800 DRY JULY (0800 379 5859)



Fundraising tips



Weekly email support & progress updates

Health & Wellness

information and tools