

• LOUD SHIRT DAY •

EVENT IDEAS



KITCHEN DISCO

Host disco in your kitchen over Zoom. One person can be the DJ while you see who can out-dance each other.



STEP CHALLENGE

Challenge yourself to walk a certain amount of steps in October. Shout it out on social and get your friends to sponsor you.



VIRTUAL BINGO

Download our 'Work from Home' Bingo and hold a virtual afternoon tea with your workmates. Gold coin donation for each entry.



VIRTUAL PAINT CLASS

Reach out to your local sip 'n' paint and host an online painting event. Go from a tropical subject matter or paint a loud shirt!



LOUD FACE MASK

Swap your loud shirt for a loud face mask this year. Use the opportunity to educate the community about hearing loss and staying safe!



CLOTHES SWAP

Get together with a small group and do a clothes swap for a \$5 donation. Give your wardrobe a second life while raising funds for a good cause.