



Countdown Calendar

Mark off the days to track your progress and celebrate your milestones

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		Happy Dry July!	2	3	4	5
6	7	8: Cheers to you, one week dry!	9	10	11	12 Spread the ♥ and email your friends and family about your Dry July
13	14	15	16: Over half way, you can do it!	17	18	19
20 You're doing well! Share your progress on social media.	21	22	23: Celebrate one week to go with a mocktail!	24	25	26: You're into the home stretch!
27	28	29: 3 sleeps to go!	30: 2 sleeps to go!	31: 1 sleep to go!	 Happy August! 	Total Raised: \$